



9162 Trinity Dr.  
LITH, IL 60156  
(847) 854-8518

[www.trinitygymnastics.org](http://www.trinitygymnastics.org)

# 2021 - 2022 Monthly Class Schedule

Please call us for girls or boys competitive team information.  
See our website or Parent Portal for special event information!

**Schedule effective October 30, 2021** (Schedule subject to change at anytime)

**Enroll in a second class and receive a SIGNIFICANT discount!**

CHECK OUT OUR MONTHLY SPECIAL EVENTS AND OPEN GYM TIMES!

TRAINING CHAMPIONS IN BODY, MIND & SPIRIT

Kindergym	MON	TUE	WED	THU	FRI	SAT
<b>Parents &amp; Tots (Walkers to 3 yr)</b> 1X/Wk 45 min 69/mon; 2X/Wk 105/mon	9:30 AM 10:30 AM	9:30 AM	10:30 AM		9:30 AM	8:30 AM 12:15 PM
<b>Little Stars (3 - 4 yr)</b> 1X/Wk 45 min 69/mon; 2X/Wk 105/mon	9:30 AM 3:15 & 4:15	9:30 AM	9:30 AM 3:15 PM		10:30 AM	9:45 AM
<b>Jump Start Kids (4 1/2-Kindergarten)</b> 1X/Wk 45 min 69/mon; 2X/Wk 105/mon	4:15 & 5:30	3:15 PM	9:30 AM 4:15 & 5:30	4:15 PM	10:30 AM	9:45 AM
<b>Girls Super Stars (3 - 5 yr Invite Only)</b> 1X/Wk; 1 Hr - 74/mon; 2X/WK; 2 Hr - 122/mon		5:30 PM	10:30 AM 4:15 PM			11:00 AM
<b>Boys Super Stars (4 - 5 yr Invite Only)</b> 1X/Wk; 1 Hr - 74/mon; 2X/WK; 2 Hr - 122/mon	5:30 PM					8:30 AM
<b>Li'l Tumblers (4-6 yr)</b> 1X/Wk; 1 Hr - 74/mon; 2X/WK; 2 Hr - 122/mon		3:15 PM				
<b>Li'l Flippers (Girls 4-5 yr Invite Only)</b> 1X/Wk; 1 Hr - 74/mon; 2X/WK; 2 Hr - 122/mon		4:15 PM		4:15 PM		
<b>Li'l Warriors (Beginning Parkour) (4-)</b> 1X/Wk 45 min 69/mon; 2X/Wk 105/mon	3:15 PM	10:30 AM 4:15 PM	5:30 PM			8:30 AM
Girls Recreational Gymnastics	MON	TUE	WED	THU	FRI	SAT
<b>Girl's L1 (1st Grade +)</b> 1X/Wk; 1 Hr - 74/mon; 2X/WK; 2 Hr - 122/mon	4:15 PM 5:30 PM	4:15 PM 5:30 PM	4:15 PM 5:30 PM	4:15 PM 5:30 PM	4:15 PM	8:30 & 9:45 11:00 AM
<b>Girl's L1/L2 (1st Grade +)</b> 1X/Wk; 1 Hr - 74/mon; 2X/WK; 2 Hr - 122/mon		6:45 PM		6:45 PM		
<b>Girl's L2 (1st Grade +)</b> 1X/Wk; 1 Hr - 74/mon; 2X/WK; 2 Hr - 122/mon	5:30 PM		6:45 PM			9:45 AM
<b>Girl's L3/L4 (2 Hr Class)</b> 1X/ wk; 2 hour - 122/mo; 2X/wk - 186/mo		6:45 PM		6:45 PM		12:15 PM
<b>Hotshots (2 Hr Class; Invite Only)</b> 2X/Wk - 186/mon		4:45 PM		4:45 PM		
Boy's Recreational Gymnastics	MON	TUE	WED	THU	FRI	SAT
<b>Boys Level 1 (Age 6 and Up)</b> 1X/Wk; 1 Hr - 74/mon; 2X/WK; 2 Hr - 122/mon			4:15 PM		4:15 PM	11:00 AM
<b>Boys Level 2/3 (Age 6 and Up)</b> 1X/Wk; 1 Hr - 74/mon; 2X/WK; 2 Hr - 122/mon	6:45 PM		6:45 PM		6:45 PM	10:30 AM
<b>Boy's L3/4 (2 Hr Class)</b> 1x/Wk -122/mon				5:30 PM		
<b>Hot Shots (2 Hr Class; Invite Only)</b> 2X/Wk - 186/mon	4:45 PM		4:00 PM		4:00 PM	
Homeschool Gymnastics (Age 6 and Up)	MON	TUE	WED	THU	FRI	SAT
1x/Wk - 74/mon					1:00 PM	
Open Gym	MON	TUE	WED	THU	FRI	SAT
	11:30-12:45		11:30-12:45		11:30-12:45	2:30-4:00
See our website, Parent Portal and FaceBook page for updates and upcoming events	Preschool		Preschool		Preschool	\$8 per child
<b>Updated 10/30/2021</b>	<b>Saturday Open Gym \$8/child</b>					
	<b>M-W-F Preschool Open Gym \$5/child, Max \$12/Family Only</b>					



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# 2021 - 2022 Monthly Class Schedule

Please call us for girls or boys competitive team information.

See our website for Trinity's Birthday Party information!

**Schedule effective October 30, 2021** (Schedule subject to change at anytime)

**Enroll in a second class and receive a SIGNIFICANT discount!**

**\*\*No yearly Registration Fee for Gymnastics, Parkour or Tumbling!\*\***

CHECK OUT OUR MONTHLY SPECIAL EVENTS AND OPEN GYM TIMES!

Parkour	MON	TUE	WED	THU	FRI	SAT
<b>Parkour Level 1 (Beginner)</b> 1X/Wk, 1 Hr; 80/mon; 2X/Wk - 127/mon	4:15 PM 5:30 PM	4:15 PM 6:40 PM	5:30 PM	4:15 PM 5:05 PM	5:30 PM	8:30 AM 9:45 AM
<b>Parkour Level 2 (Intermediate)</b> 1X/Wk, 1 Hr; 80/mon; 2X/Wk - 127/mon	7:00	5:05 PM 5:45 PM	7:00	5:45 PM		11:00 AM
<b>Parkour L3 (Advanced Invite Only)</b> 1X/Wk, 1 Hr; 80/mon; 2X/Wk - 127/mon		7:25 PM		7:25 PM	6:30 PM	
Trampoline	MON	TUE	WED	THU	FRI	SAT
<b>Trampoline</b> 1x wk 30 min 40/mon; 2x wk 76/mon	6:30 & 8:00	5:15 & 6:05 6:45 & 8:25	6:30 & 8:00	5:15 & 6:05 6:45 & 8:25		
Aerial Arts*	MON	TUE	WED	THU	FRI	SAT
<b>Lyra - Beginner</b> 1X/Wk, 1 Hr; 70/mon; 2X/Wk - 119/mon				4:15 PM		
<b>Lyra - Intermediate</b> 1X/Wk, 1 Hr; 70/mon				5:30 PM		
<b>Aerial Silks - Beginner</b> 1X/Wk, 1 Hr; 70/mon; 2X/Wk - 119/mon	4:15 PM 5:30 PM	4:15 PM	5:30 PM	6:45 PM		
<b>Aerial Silks - Adv Beginner</b> 1X/Wk, 1 Hr; 70/mon; 2X/Wk - 119/mon		5:30 PM				
<b>Aerial Silks - Intermediate</b> 1X/Wk 1.5 Hr; 87/mon; 2x/Wk - 135/mon	6:45 PM	6:45 PM				
<b>* Yearly registration fee required*</b> <b>\$35 per individual; \$60 per family</b>						
Tumbling	MON	TUE	WED	THU	FRI	SAT
<b>Tumble L1</b> 1X/Wk, 1 Hr; 80/mon; 2X/Wk - 127/mon		5:30 PM	5:30 PM	5:30 PM		11:00 AM 12:15 PM
<b>Tumble L2</b> 1X/Wk - 87/mon; 2X/Wk - 135/mon	6:45 PM	6:45 PM	6:45 PM	6:45 PM		
<b>Tumble L3+</b> 1X/Wk - 87/mon; 2X/Wk - 135/mon	8:00 PM	8:00 PM	6:45 PM (T3)	8:00 PM		
Open Gym	MON	TUE	WED	THU	FRI	SAT
	11:30-12:45		11:30-12:45		11:30-12:45	2:30-4:00
Check our website and Facebook Page for upcoming events!	Preschool		Preschool		Preschool	\$8 per child
<b>Updated 10/30/2021</b>	<b>Saturday Open Gym \$8/child</b>					
	<b>M-W-F Preschool Open Gym \$5/ Person, Max \$12/Family</b>					