



9162 Trinity Dr.
LITH, IL 60156
(847) 854-8518

www.trinitygymnastics.org

2021 Winter/Spring Session Schedule

Please call us for girls or boys competitive team information.

See our website for special offers and current updates.

Schedule effective March 3, 2021 (Schedule subject to change at anytime)

Enroll in a second class and receive a SIGNIFICANT discount!

CHECK OUT OUR MONTHLY SPECIAL EVENTS AND OPEN GYM TIMES!

TRAINING CHAMPIONS IN BODY, MIND & SPIRIT

Kindergym	MON	TUE	WED	THU	FRI	SAT
Parents & Tots (Walkers to 3 yr) 1X/Wk 45 min 65/mon; 2X/Wk 99/mon	9:30 AM 10:30 AM	9:30 AM	10:30 AM		9:30 AM	8:30 AM 12:15 PM
Little Stars (3 - 4 yr) 1X/Wk 45 min 65/mon; 2X/Wk 99/mon	9:30 AM 3:15 & 4:15		9:30 & 10:30 3:15 PM	9:30 AM	10:30 AM	9:45 AM
Jump Start Kids (4 1/2-Kindergarten) 1X/Wk 45 min 65/mon; 2X/Wk 99/mon	10:30 AM 4:15 & 5:30	9:30 AM 3:15 PM	9:30 AM 4:15 PM	10:30 AM 4:15 PM	10:30 AM 3:15 PM	9:45 AM
Girls Super Stars (3 - 5 yr Invite Only) 1X/Wk; 1 Hr - 70/mon; 2X/WK; 2 Hr - 115/mon			4:15 PM	10:30 AM		8:30 AM 11:00 AM
Boys Super Stars (4 - 5 yr Invite Only) 1X/Wk; 1 Hr - 70/mon; 2X/WK; 2 Hr - 115/mon						8:30 AM
Li'l Tumblers (4-6 yr) 1X/Wk; 1 Hr - 70/mon; 2X/WK; 2 Hr - 115/mon		3:15 PM			3:15 PM	
Li'l Flippers (Girls 4-5 yr Invite Only) 1X/Wk; 1 Hr - 70/mon; 2X/WK; 2 Hr - 115/mon		9:30 AM				
Li'l Warriors (Beginning Parkour) (4-) 1X/Wk 45 min 65/mon; 2X/Wk 99/mon	3:15 PM	10:30 AM 4:15 PM	5:30 PM	1:00 PM		8:30 AM
Girls Recreational Gymnastics	MON	TUE	WED	THU	FRI	SAT
Girl's L1 (1st Grade +) 1X/Wk; 1 Hr - 70/mon; 2X/Wk - 115/mon	4:15 PM 5:30 PM	4:15 PM 5:30 PM	4:15 PM 5:30 PM	4:15 PM 5:30 PM	4:15 PM	9:45 AM 11:00 AM
Girl's L1/L2 (1st Grade +) 1X/Wk; 1 Hr - 70/mon; 2X/Wk - 115/mon		6:45 PM		6:45 PM		
Girl's L2 (1st Grade +) 1X/Wk; 1 Hr - 70/mon; 2X/Wk - 115/mon	5:30 PM	5:30 PM	5:30 PM** 6:45 PM		5:30 PM**	9:45 AM
Girl's L3/L4 (2 Hr Class) 1X/ wk; 2 hour - 115.00/mo; 2X/wk - 175/mo		6:45 PM		6:45 PM		12:15 PM
Hotshots (2 Hr Class; Invite Only) 2X/Wk - 170/mon		3:15 PM		3:15 PM		
Boy's Recreational Gymnastics	MON	TUE	WED	THU	FRI	SAT
Boys Level 1 (Age 6 and Up) 1X/Wk - 70/mon; 2X/Wk - 115/mon			4:15 PM		4:15 PM	11:00 AM
Boys Level 2/3 (Age 6 and Up) 1X/Wk - 70/mon; 2X/Wk - 115/mon	6:45 PM		6:45 PM		6:45 PM	
Boy's L3 (2 Hr Class) 1x/Wk - 115/mon						11:00 AM
Hot Shots (2 Hr Class; Invite Only) 2X/Wk - 170/mon	4:45 PM		4:00 PM		3:15 PM	
Homeschool Gymnastics (Age 6 and Up)	MON	TUE	WED	THU	FRI	SAT
1x/Wk - 70/mon					1:00 PM	
Open Gym	MON	TUE	WED	THU	FRI	SAT
	11:30-12:45		11:30-12:45		11:30-12:45	2:30-4:00
See our website, Parent Portal and FaceBook page for updates and upcoming events	Preschool		Preschool		Preschool	\$8 per child
	Saturday Open Gym NOW OPEN!!					
	M-W-F Preschool Open Gym \$5/ Person, Max \$12/Family Only					



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****No yearly Registration Fee for Gymnastics, Parkour or Tumbling!****

Parkour	MON	TUE	WED	THU	FRI	SAT
Parkour Level 1 (Beginner) 1X/Wk, 1 Hr; 75/mon; 2X/Wk - 120/mon	4:15 PM 5:30 PM	4:15 PM	5:30 PM	5:30 PM	5:30 PM	8:30 AM 9:45 AM
Parkour L 1.5 (Advanced Beginner) 1x wk 1 1/2 Hr 90/mon; 2x wk 145/mon	6:45 PM	6:45 PM				
Parkour Level 2 (Intermediate) 1x wk 1 1/2 Hr 90/mon; 2x wk 145/mon		5:30 PM	6:45 PM	6:45 PM		11:00 AM
Parkour L3 (Advanced Invite Only) 1x wk 1 1/2 Hr 90/mon						1:00 PM

Aerial Arts*	MON	TUE	WED	THU	FRI	SAT
Lyra - Beginner 1X/Wk, 1 Hr; 65/mon; 2X/Wk - 110/mon			4:45 PM	5:30 PM		
Lyra - Intermediate 1X/Wk, 1 Hr; 65/mon						11:00
Aerial Silks - Beginner 1X/Wk, 1 Hr; 65/mon; 2X/Wk - 110/mon		4:15 PM 5:30 PM	6:00 PM	6:45 PM		
Aerial Silks - Adv Beginner 1X/Wk - 65/mon; 2X/Wk - 110/mon						
Aerial Silks - Intermediate 1X/Wk, 1 1/2 Hr; 80/mon		6:45 PM				12:15 PM
Aerial Silks - Adult Class Drop In: \$20/per day 2:00 - 3:00pm						2:00 PM

* Yearly registration fee required*
\$35 per individual; \$60 per family

Tumbling	MON	TUE	WED	THU	FRI	SAT
Tumble L1 1X/Wk, 1 Hr; 75/mon; 2X/Wk - 120/mon		5:30 PM		5:30 PM		12:15 PM
Tumble L2 1X/Wk - 87/mon; 2X/Wk - 135/mon	6:45 PM	4:15 PM** 6:45 PM	6:45 PM	6:45 PM	6:45 PM**	
Tumble L3+ 1X/Wk - 87/mon; 2X/Wk - 135/mon	8:00 PM	8:00 PM	6:45 PM (T3) 8:00 PM**	8:00 PM		

****Class Pending**

Updated 3/3/2021

Open Gym	MON	TUE	WED	THU	FRI	SAT
	11:30-12:45		11:30-12:45		11:30-12:45	2:30-4:00
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